

Klein Sexual Orientation Grid

VARIABLE

- PAST**
- PRESENT**
- IDEAL**

A. SEXUAL ATTRACTION

B. SEXUAL BEHAVIOR

C. SEXUAL FANTASIES

D. EMOTIONAL PREFERENCES

E. SOCIAL PREFERENCES

F. SELF- IDENTIFICATION

G. LIFESTYLE

I. Scale to Measure Dimensions A, B, C, D and E of the Klein Sexual Orientation Grid

- 0 other sex only
- 1 other sex mostly
- 2 other sex somewhat
- 3 both sexes equally
- 4 same sex somewhat
- 5 same sex mostly
- 6 same sex only

II. Scale to Measure Dimension F and G of the Klein Sexual Orientation Grid

- 0 heterosexual only
- 1 heterosexual mostly
- 2 heterosexual more
- 3 hetero/homo equally
- 4 homosexual more
- 5 homosexual mostly

6 homosexual only

(for additional information see Klein, F., Sepekoff, B., and Wolf, T. J. Sexual orientation:
A
multi-variable dynamic process. J. Homosexuality. 1985;11: 35-49.)